



## **Microblading Appointment Info**

### **Preparing for your Appointment**

In order for me to be able to tattoo you, and to get the best results, I need your skin to be in tip top condition. Please avoid any of the following in the lead up to your appointment:

- Facial treatments that involve chemical peels, skin needling or anything that intensely removes layers of skin or is invasive. When your skin undergoes these treatments, there is a healing period afterwards as it rejuvenates itself, I can only tattoo and will only tattoo on perfectly healed skin. Please avoid the above in the 14 days prior to your appointment.
- Active Skin Products: Please ensure that if you are a regular Retinol or Vitamin A user, that you are not applying directly to your brows. It is not recommended to start using new active skin care in the 28 days prior to your appointment, as your skin barrier will not be adjusted.
- Botox: Botox must be performed either a full 2 weeks before or 2 weeks after your cosmetic tattoo procedure.
- Sun baking or tanning beds, as above I need to your skin to be in tip top condition, and if you are freshly tanned, sun burnt, or have been burnt on the face in the days leading up to then I will not be able to guarantee your results. If you are planning on being out in the sun in the weeks prior, please wear a strong SPF and a hat to protect your face.
- Acne Medication: Please note that you must have been off Roaccutane for 6 months before being able to have your Brows tattooed.
- If you take Fish Oil supplements, please stop at least 7 days prior to your appointment. This is because Fish Oil tablets thin the blood.
- Please do not take pain relief prior to your appointment – they can cause excessive bleeding which effects your retention. You can take pain relief immediately after if you feel you need to do so.

### **Studio Etiquette**

- Please note that due to the nature of the services provided in the studio, it is not appropriate to bring Children to your appointment.
- Only the client receiving the procedure is permitted in the room with Lydia whilst the procedure is being performed. If you need to bring a support person along please contact Lydia to discuss.

### **Please inform Lydia prior to your appointment if:**

- You have had your eyebrows tattooed previously
- You are taking medication of any kind
- You have any serious allergies
- You have any keloid scarring on the area
- You have any known medical conditions
- You believe there may be any other factors that could affect the Tattoo.



## FAQs

### ***What is Microblading?***

Feather-touch brow tattoo or Microblading as it is commonly known, involves a pen-like hand-tool with a cluster of fine needles, which is used to implant pigment into the skin to create life-like hair strokes and natural-looking eyebrows. There is no machine, it is all manually performed with the hand-tool.

### ***What are the pigments made from and are they safe?***

All pigments used are excellent quality and highly safe. Most pigments are Iron Oxide and Titanium Dioxide based, a safe non-reactive substance and suspended in distilled water, alcohol and glycerine. The pigments are specifically designed for implantation into the brow area.

### ***What colours can I choose from?***

I have a large selection of colours to choose from so that we can match your brow colour or go darker if you wish. We will collaborate together on the best choice for you.

### ***Does it hurt?***

A topical anesthetic is applied both before and during the treatment. Most clients have a pain-free experience; however, some may feel small discomfort. Every person is different.

### ***How long will the Tattoo last?***

Microblading is best suited to skin types that are normal to dry. This can still be performed on oily skin types, however they may not last as long and the strokes may not look as crisp. You can expect your Brow Tattoo to last anywhere from 12 months to 2 years before needing a refresh. The result varies between individuals. Some skins hold colour longer and stronger than others, while others fade leaving a light residue in the skin. Pigment may fade or change according to metabolism, lifestyle, skin type, medications, age, smoking, alcohol, sun exposure, and use of active skincare products such as Retin-A and Alpha-Hydroxy Acids (AHA's).

### ***How often will I need to have the Tattoo touched up?***

A touch-up is recommended every 12-24 months to keep the Tattoo looking its best. Clients who are not getting adequate longevity out of Microblading are recommended to convert to a Combination or Powder Brow method.

### ***How will the tattoo look as it fades?***

This varies between clients. The nature of Microblading and the way in which the pigment is implanted into the skin means that it does not last as long as other methods of Cosmetic Tattoo. Other factors which impact on your enhancement are your skin type, lifestyle, aftercare, and the skin care products you use. It is normal to expect some unevenness in the appearance of the pigment, and as the enhancement fades, some areas may fade before others. The aim of Microblading is to create for you a natural looking eyebrow that looks like natural hairs, not a perfect eyebrow that resembles make-up. If you think you might want an enhancement that resembles make-up or is much more defined, then you can opt for a Combination or Powder Brow method. For many the natural looking result produced by Microblading is enough, as it gives you a natural looking Brow that you



can build on. It is very easy to convert to a Combination or Powder Brow method in future if you decide you want to take your enhancement to the next level.

***What does the colour look like after the first treatment?***

The colour is always at its darkest and warmest up to 48 hours after your appointment. It then softens as it heals and the true result is seen from 4-6 weeks.

***Do I need to wax/thread my eyebrows prior to the appointment? Or can you shape them for me?***

That is entirely up to you! If you know what shape you like your eyebrows, then feel free to have your brows shaped prior to the appointment. However, if you aren't really sure what shape would suit you best then I am more than happy to shape them for you during our consultation as we are designing your brows.

***How do you design the Brows that are tattooed? Can I come with my Brows already drawn on?*** The Brow design is done collaboratively between you and I. To begin I will go ahead and create brows with pencil to suit your face using facial measurements. From there we then work together until we have a final design that you like and suits your face. However if you know exactly how you like your Brows and are experienced with filling them in, please feel free to come with them draw them on.

Some points to consider when booking your appointment:

- The final result is achieved over 2 sessions. After your initial appointment, a perfection visit is required 6-8 weeks later to touch up and perfect the brow shape. Occasionally some clients may require a third visit to finish the Brow. This is often down to the client's skin type, but can also be affected by lifestyle or aftercare factors.
- You will need to avoid any strenuous activity for the first 7 days of healing; this is to ensure the area is kept free from perspiration. Please do not book an appointment the week of any important social plans.
- You will need to avoid any kind of facial treatments around the area for 7 days; this includes facials or laser etc.
- You will need to avoid swimming for 10 days.
- You will not be able to donate blood for 6 months following treatment.
- You must be over 18 years of age or have written consent from your legal guardian.

**Cancellation Policy**

Please note that a \$100 deposit is required to secure your appointment with Lydia. Until the deposit is received, the appointment is not confirmed. All deposits are non-refundable. If you need to reschedule or cancel your appointment for any reason, Lydia requires a minimum of 72 hours' notice. Your deposit will be used as credit towards your rescheduled appointment, or used as a cancellation fee if you do not give the required notice. Please note that Lydia offers limited appointment times, and clients who cancel on short notice or do not show up not only cost the business, but also prevent other clients from having the opportunity to have an appointment.